

MO**DI****MI****DO****FR****SA****SO**

9:30
Hot 60

7:00
Hot 60

9:30
Hot 90

9:30
Yin 60

10:00
Hot 90

10:00
Hot 90

12:00
Hot 60

12:00
Hot 60
+ lunch

12:00
Hot 60

16:45
Kinder Yoga

16:00
Hot 90

18:15
Hot 90

18:15
Hot 90

18:15
Hot 90

18:15
Absolute 90

18:00
Hot 90

17:00
Hot 90

20:15
Absolute 90

20:15
Silent Class

20:15
Yin 60

20:15
Hot 90

19:00
Yin 60

Hot 60: Bikram Hot Yoga 60 Minuten, Hot 90: Bikram Hot Yoga 90 Minuten, Silent class: Candlelight silent class Bikram 90 (no Beginners), Yin 60: Yin Yoga 60 Minuten, Absolute 90: Absolute Hot Yoga 90 Minuten, Kinder Yoga: 45 Minuten.

Stundenplan gültig ab 1. September 2017!